

Trump, Paracetamol, and Autism

Causal Lessons from Pregnancy Drug Safety Research

DRUG SAFETY IN PREGNANCY

Pregnant individuals are often excluded from drug trials.

When a drug comes to market, it is often unclear if the drug is safe during pregnancy.

- However, many pregnant individuals require medication (>60% in Nordics).

Pregnant individuals and clinicians often must balance multiple risks.

- Both maternal and fetal health must be considered.

PREGNANCY PHARMACOEPIDEMOLOGY

Safety data typically comes from observational studies, where individuals using a drug are followed up and compared to those who do not use the drug.

- This discipline is sometimes referred to as **pregnancy pharmacoepidemiology**.

To claim that a drug has a **causal effect** (either negative or positive), there should be no other explanation for a difference in outcomes between users and non-users.

- Drug users are often very different from non-users.

TRUMP: PARACETAMOL IN PREGNANCY CAUSES AUTISM



PARACETAMOL ('ACETAMINOPHEN')

Original Investigation

April 9, 2024

Acetaminophen Use During Pregnancy and Children's Risk of Autism, ADHD, and Intellectual Disability

Viktor H. Ahlqvist, PhD¹; Hugo Sjöqvist, MSc¹; Christina Dalman, MD, PhD¹; Håkan Karlsson, PhD²; Olof Stephansson, MD, PhD^{3,4}; Stefan Johansson, MD, PhD^{3,5}; Cecilia Magnusson, MD, PhD^{1,6}; Renee M. Gardner, PhD¹; Brian K. Lee, PhD^{1,7,8}

» Author Affiliations

JAMA. 2024;331(14):1205-1214. doi:10.1001/jama.2024.3172

"THE TRUMP EFFECT"

THE BARBRA STREISAND EFFECT OF SCIENCE



ALL RESEARCH OUTPUTS

#92

of 29,626,222 outputs

OUTPUTS FROM JAMA: JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION

#2

of 38,834 outputs

OUTPUTS OF SIMILAR AGE

#1

of 361,729 outputs

LET'S TAKE A STEP BACK

CONTEXT

Acetaminophen (paracetamol) is commonly used to manage pain and fever during pregnancy.

Considered to pose minimal risk during pregnancy.

- EMA; FDA; ENTIS; ACOG, SFOG, NHS, etc.

Other therapeutics are typically not an option.

- (High dose) aspirin/NSAIDs contraindicated due to bleeding & kidney development.
- Opiates are known to be teratogenic.

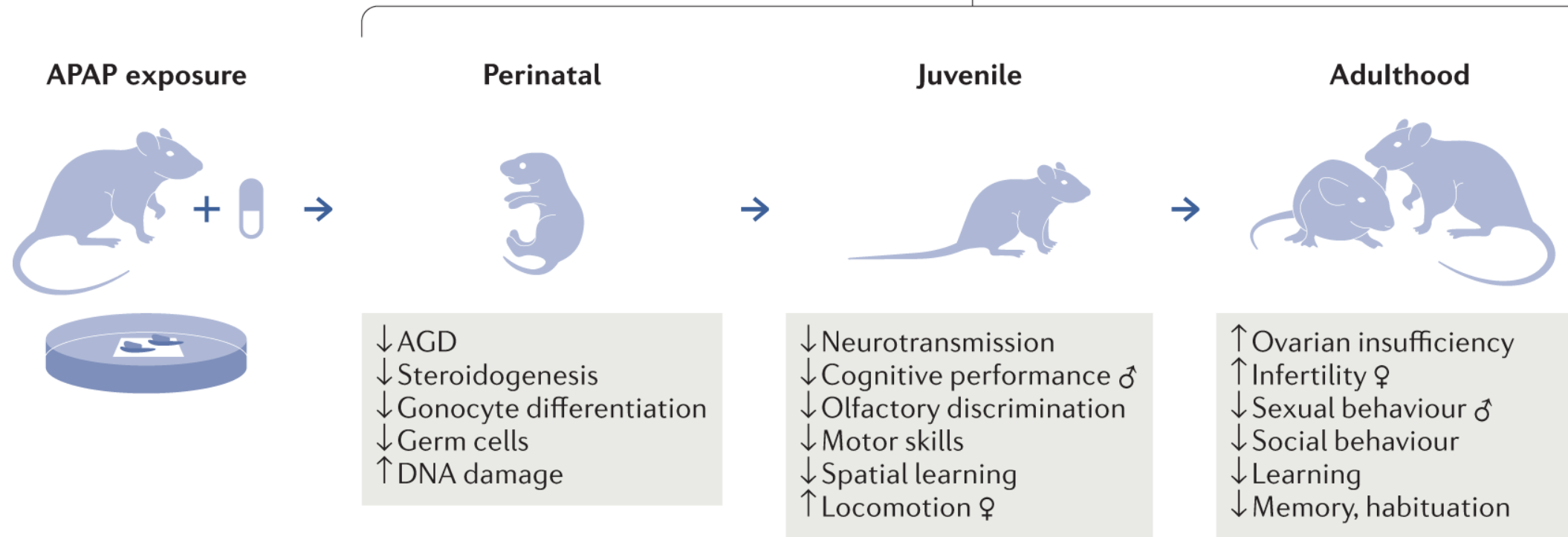
Paracetamol use during pregnancy – a call for precautionary action

[Ann Z. Bauer](#), [Shanna H. Swan](#), [David Kriebel](#), [Zeyan Liew](#), [Hugh S. Taylor](#), [Carl-Gustaf Bornehag](#), [Anderson M. Andrade](#), [Jørn Olsen](#), [Rigmor H. Jensen](#), [Rod T. Mitchell](#), [Niels E. Skakkebaek](#), [Bernard Jégou](#) & [David M. Kristensen](#) 

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Evidence from animal models and in vitro studies

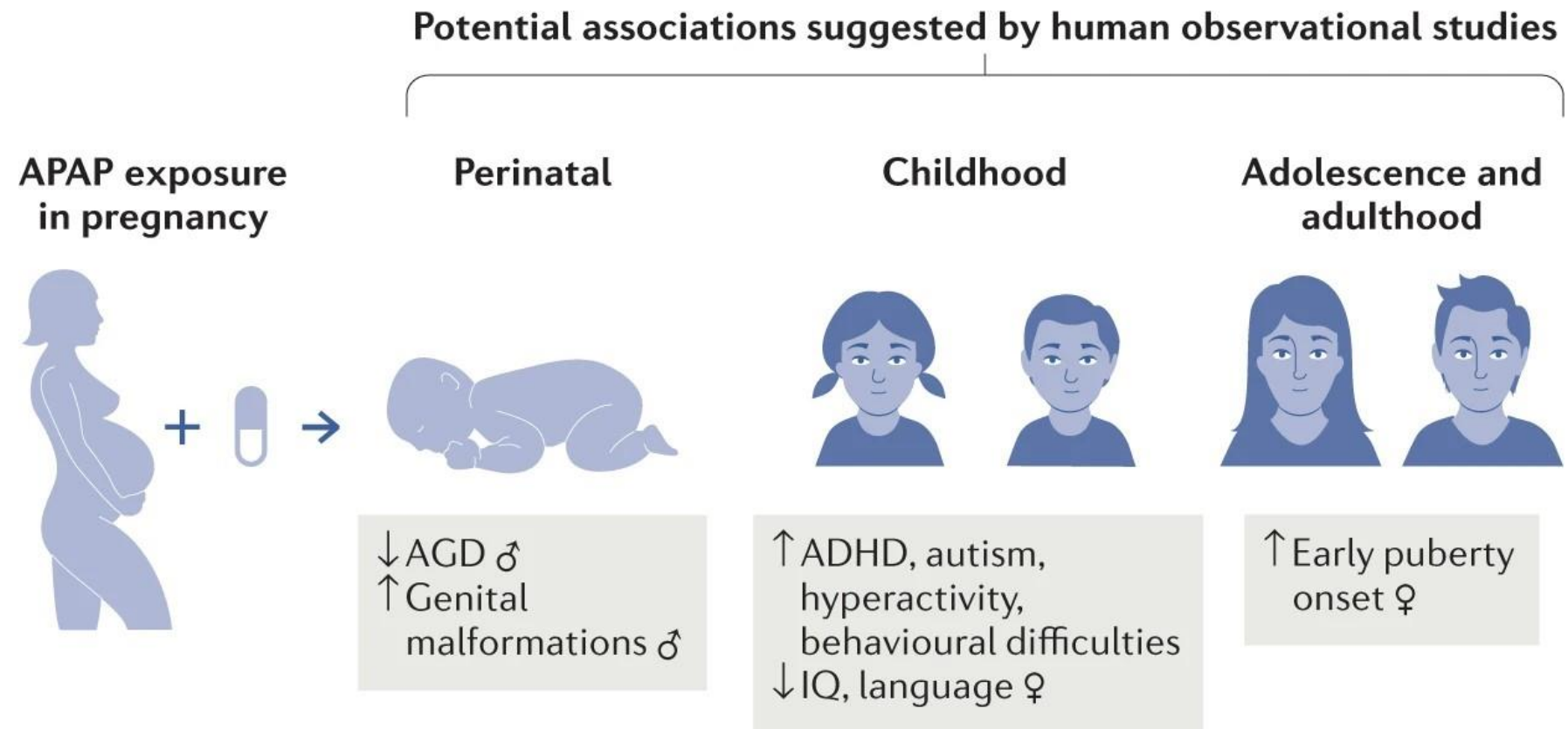


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SCIENTIFIC DEBATE

Consensus Statement | [Open access](#) | Published: 23 September 2021

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[Per Damkier](#) , [Brian Cleary](#), [Corinna Weber-Schoendorfer](#), [Svetlana Shechtman](#), [Matteo Cassina](#), [Alice Panchaud](#) & [Orna Diav-Cirtin](#)

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[Sura Alwan](#) , [Elizabeth A. Conover](#), [Lorrie Harris-Sagaribay](#), [Steven H. Lamm](#), [Sharon V. Lavigne](#), [Shari I. Lusskin](#), [Sarah G. Obican](#), [Alfred N. Romeo](#), [Anthony R. Scialli](#) & [Katherine L. Wisner](#)

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[Joseph O'Sullivan](#), [Alexandra E. Cairns](#), [Elena Plesca](#), [Rebecca S. Black](#), [Charlotte Frise](#), [Manu Vatish](#) & [Ana Sofia Cerdeira](#) 

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THE WALL STREET JOURNAL.

U.S. | LAW

Lawsuits Seek to Link Tylenol Ingredient to Autism, ADHD

Judge to decide if plaintiffs in hundreds of cases can cite scientific claims that acetaminophen affects fetal development

By *Erin Mulvaney* [Follow](#)

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CVS, Rite Aid lawsuit alleges acetaminophen use during pregnancy caused child's autism



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Target lawsuit claims acetaminophen use during pregnancy can cause neurodevelopmental disorders

Jessy Edwards | November 15, 2022

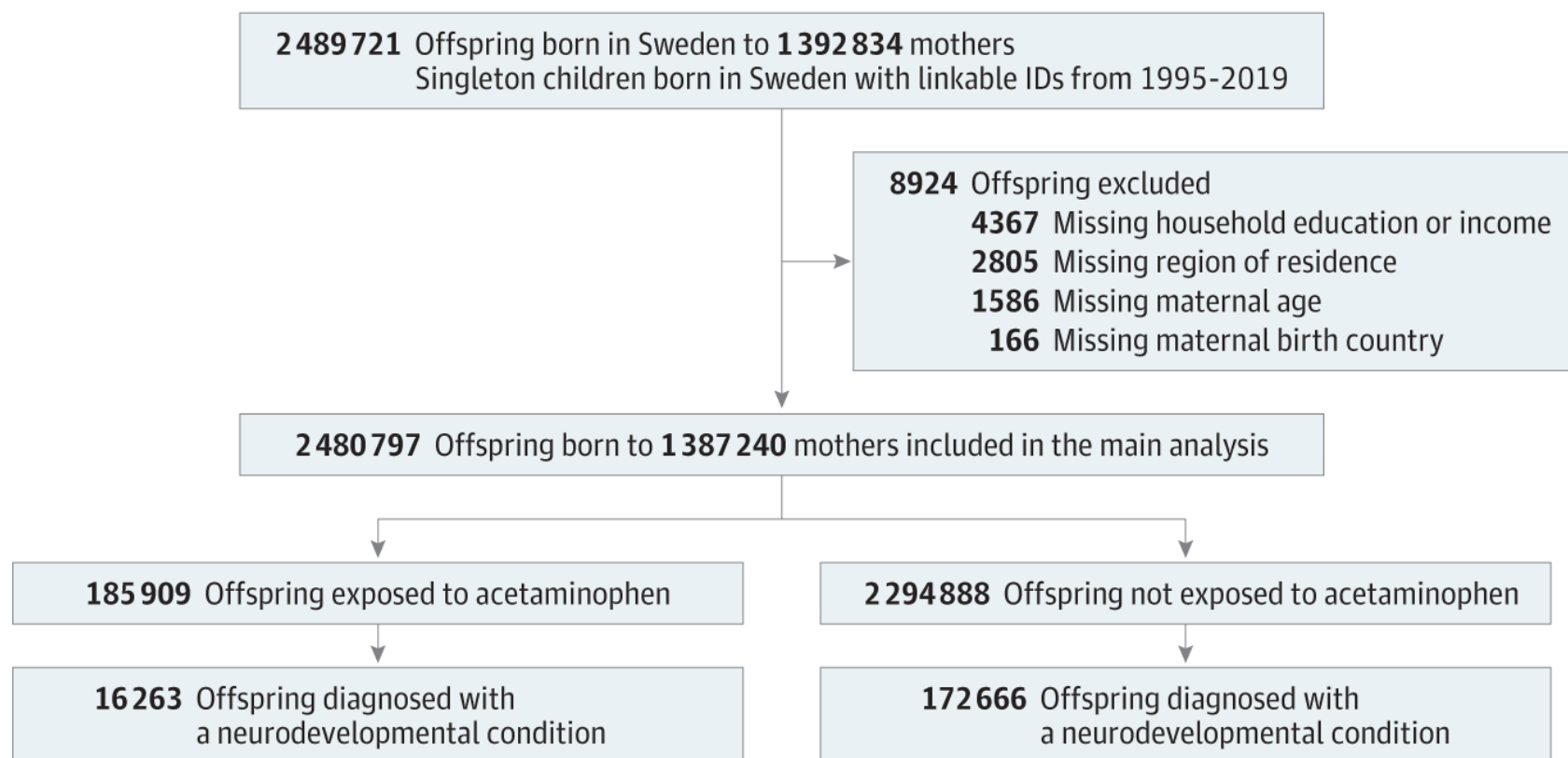
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Exposure: Maternal self-reported consumption at antenatal visits (1995-) or dispensations of prescriptions (2005-).

Outcome: Autism, ADHD or intellectual disability in the National Patient Register.

Model: Time-to-event (Cox regression).



ANY ACETAMINOPHEN IN PREGNANCY

	Self-reported acetaminophen consumption or prescription dispensation (N _{exposed} =132,681)			
	Exposed cases	Hazard ratio ^a	95% CI	P-value
Autism	3,988 (3.0)	1.11	1.08-1.14	<0.001
ADHD	8,593 (6.5)	1.13	1.27-1.15	<0.001
Intellectual disability	1,382 (1.0)	1.18	1.12-1.23	<0.001
^a Adjusted for birth year, sex and other analgesic use.				

DISPENSED DOSE (2005-)

	Hazard ratio ^a	95% CI	P-value
Autism			
Low dose (<166 mg/day)	1.33	1.20-1.48	<0.001
Medium Dose (166-429 mg/day)	1.52	1.41-1.64	<0.001
High Dose (≥430 mg/day)	1.87	1.71-2.06	<0.001
ADHD			
Low dose (<166 mg/day)	1.46	1.36-1.57	<0.001
Medium Dose (166-429 mg/day)	1.75	1.65-1.85	<0.001
High Dose (≥430 mg/day)	1.97	1.83-2.11	<0.001
Intellectual disability			
Low dose (<166 mg/day)	1.34	1.14-1.58	<0.001
Medium Dose (166-429 mg/day)	1.47	1.30-1.66	<0.001
High Dose (≥430 mg/day)	1.92	1.65-2.22	<0.001

^aAdjusted for birth year and sex.

EVERYTHING CORRELATES IN OBSERVATIONAL STUDIES



One view of the value of epidemiology.

Davey Smith G, Ebrahim S. Epidemiology - is it time to call it a day? *Int J Epidemiol.* 2001;30(1):1-11

WHO USES ACETAMINOPHEN?

Acetaminophen exposure was more common among children born to birthing parents with:

- indications for acetaminophen (infections, fevers, etc.).
- co-prescription of related therapeutics.
- lower socioeconomic position.
- higher early pregnancy body mass index.
- who smoked during pregnancy.
- diagnoses of any psychiatric conditions & neurodevelopmental disorders.

ANY ACETAMINOPHEN IN PREGNANCY

	Minor adjustment ^a		
	Hazard ratio	95% CI	P-value
Autism	1.11	1.08-1.14	<0.001
ADHD	1.13	1.27-1.15	<0.001
Intellectual disability	1.18	1.12-1.23	<0.001

^aAdjusted for birth cohort; child sex; other analgesics (aspirin, other NSAIDs, opioids, antimigraine)

ANY ACETAMINOPHEN IN PREGNANCY

	Minor adjustment ^a			Full adjustment ^b		
	Hazard ratio	95% CI	P-value	Hazard ratio	95% CI	P-value
Autism	1.11	1.08-1.14	<0.001	1.05	1.02-1.08	<0.001
ADHD	1.13	1.27-1.15	<0.001	1.07	1.05-1.10	<0.001
Intellectual disability	1.18	1.12-1.23	<0.001	1.05	1.00-1.10	0.05

^aAdjusted for birth cohort; child sex; other analgesics (aspirin, other NSAIDs, opioids, antimigraine)

^bSame as above, but also; birthing parent's diagnoses of migraine, chronic pain, infections, fevers, rheumatoid arthritis, and headaches; calendar period of delivery; parity; age at delivery (linear and cubic term); country of birth; residential region; cohabitation at delivery; early pregnancy body mass index; smoking status; diagnosis of autism, ADHD, and intellectual disability; history of psychiatric conditions and prescription use of psycholeptics, antidepressants, and antiseizure medication; health care visits in the year before pregnancy and an inadequate number of antenatal visits; and the highest household education and disposable income.

DISPENSED DOSE (2005-)

	Minor adjustment ^a		Full adjustment ^b	
	Hazard ratio ^a	95% CI	Hazard ratio ^a	95% CI
Autism				
Low dose (<166 mg/day)	1.33	1.20-1.48	1.01	0.91-1.12
Medium Dose (166-429 mg/day)	1.52	1.41-1.64	1.11	1.03-1.20
High Dose (≥430 mg/day)	1.87	1.71-2.06	1.10	1.00-1.22
ADHD				
Low dose (<166 mg/day)	1.46	1.36-1.57	1.14	1.06-1.23
Medium Dose (166-429 mg/day)	1.75	1.65-1.85	1.25	1.18-1.33
High Dose (≥430 mg/day)	1.97	1.83-2.11	1.17	1.08-1.27
Intellectual disability				
Low dose (<166 mg/day)	1.34	1.14-1.58	0.98	0.83-1.16
Medium Dose (166-429 mg/day)	1.47	1.30-1.66	1.06	0.93-1.20
High Dose (≥430 mg/day)	1.92	1.65-2.22	1.12	0.96-1.31

^aAdjusted for birth cohort; child sex.

^bSame as above, but also; other analgesics (aspirin, other NSAIDs, opioids, antimigraine), birthing parent's diagnoses of migraine, chronic pain, infections, fevers, rheumatoid arthritis, and headaches; calendar period of delivery; parity; age at delivery (linear and cubic term); country of birth; residential region; cohabitation at delivery; early pregnancy body mass index; smoking status; diagnosis of autism, ADHD, and intellectual disability; history of psychiatric conditions and prescription use of psycholeptics, antidepressants, and antiseizure medication; health care visits in the year before pregnancy and an inadequate number of antenatal visits; and the highest household education and disposable income.

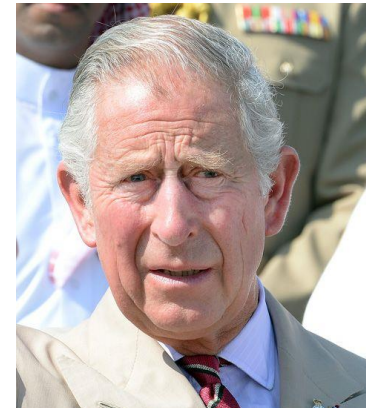
CONFOUNDERS – OUR BEST ATTEMPT?

We typically only control for confounders that we observe and deem important – everything else we just “hope” is balanced enough.

- In epidemiology, we say that we suffer from confounding if we have not eliminated imbalances.

Common to match on:

- Sex, birth year, country of birth
civil status, residential type,
disposable income and social status.



Charles III
Male
Born in 1948
Raised in the UK
Married Twice
Lives in a castle
Wealthy and Famous
Former Prince
(of UK)



Ozzy Osbourne
Male
Born in 1948
Raised in the UK
Married Twice
Lives in a castle
Wealthy and Famous
Former Prince
(of darkness)

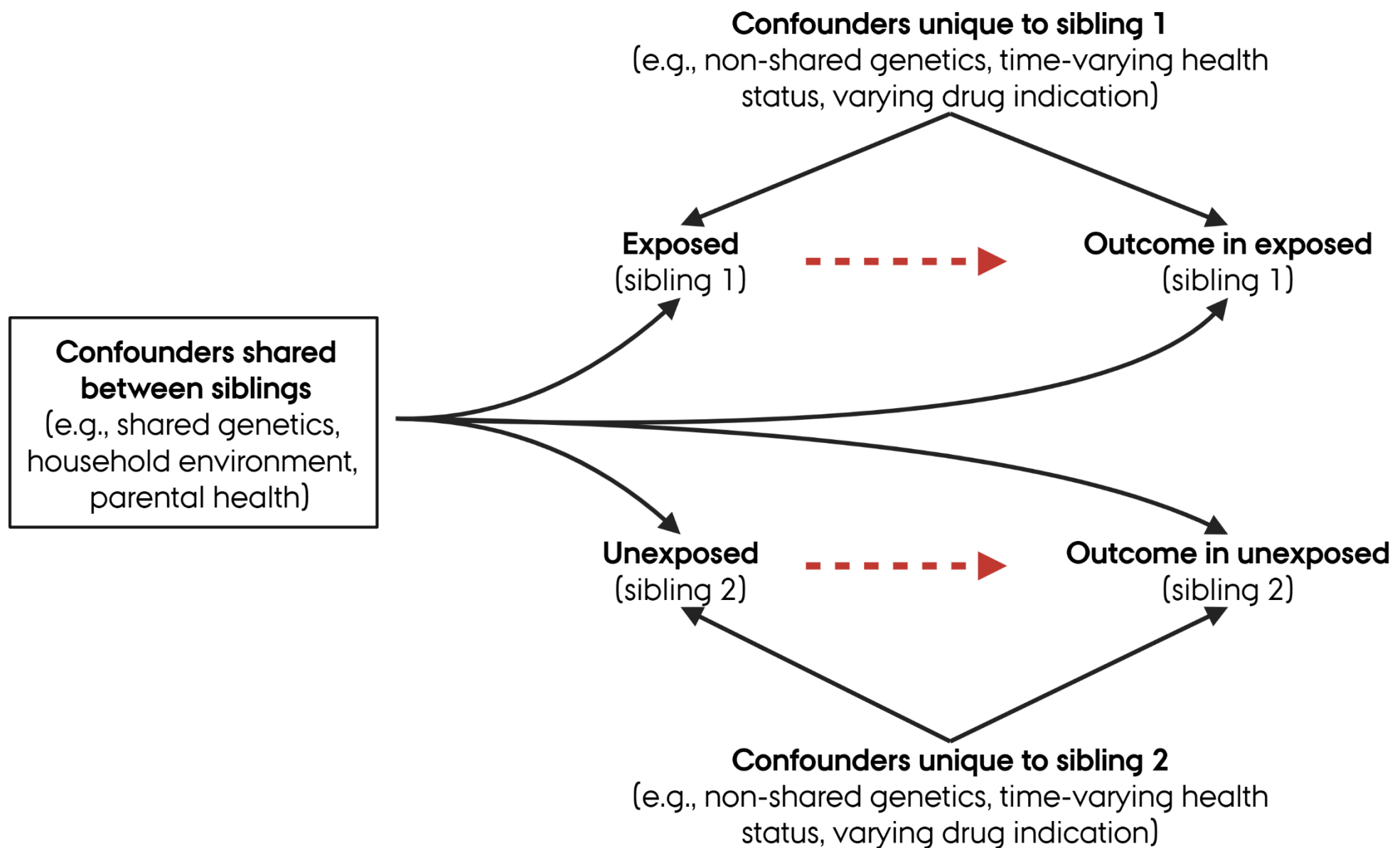
CONTROLLING FOR THE UNOBSERVABLE

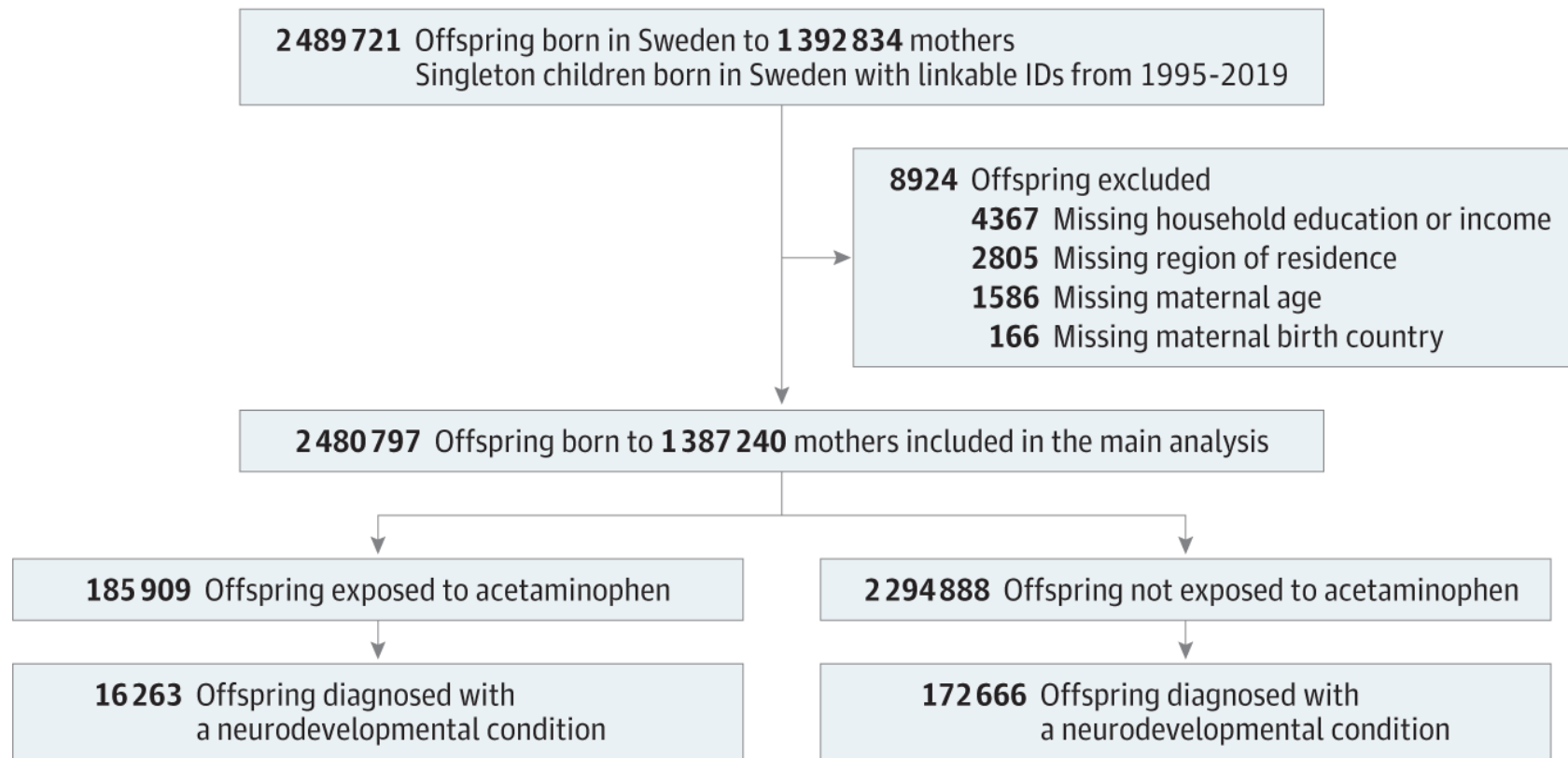
Families' structures offer a unique opportunity.

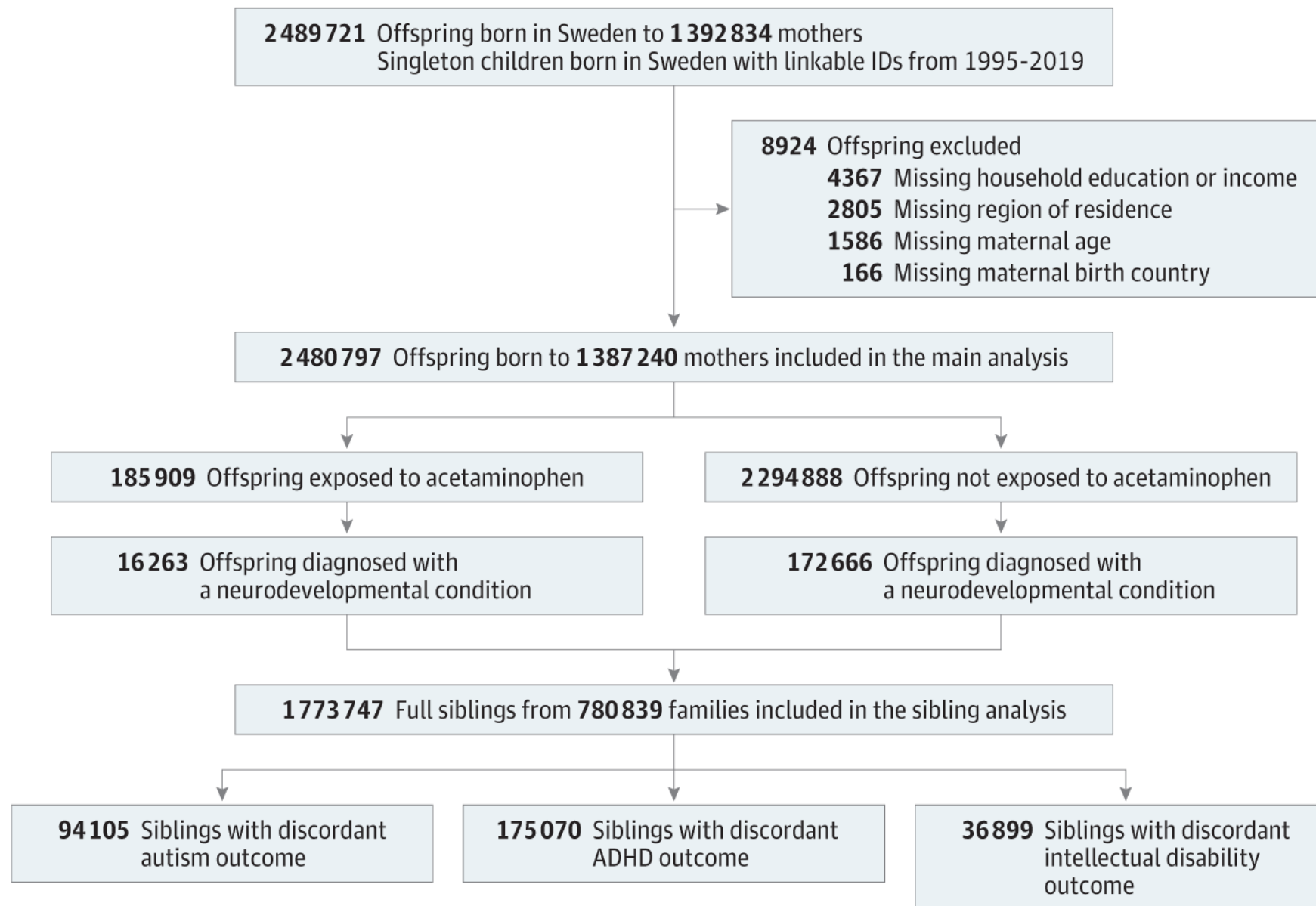
- Comparing them can account for all unobserved factors they share (genes & environment).
 - We can typically assume that they share a large (or some) part of the unobserved environmental confounders.

The principal idea: family members are more similar in unobserved (inc. unobservable and unknown) characteristics than two people in the general population. They, therefore, are more “exchangeable” than two people out of the general population.

- This idea is the strength of family-designs.







ANY ACETAMINOPHEN IN PREGNANCY

	Full adjustment ^a		
	Hazard ratio ^a	95% CI	P-value
Autism	1.05	1.02-1.08	<0.001
ADHD	1.07	1.05-1.10	<0.001
Intellectual disability	1.05	1.00-1.10	0.05

^aAdjusted for birth cohort; child sex; other analgesics (aspirin, other NSAIDs, opioids, antimigraine); birthing parent's diagnoses of migraine, chronic pain, infections, fevers, rheumatoid arthritis, and headaches; calendar period of delivery; parity; age at delivery (linear and cubic term); country of birth; residential region; cohabitation at delivery; early pregnancy body mass index; smoking status; diagnosis of autism, ADHD, and intellectual disability; history of psychiatric conditions and prescription use of psycholeptics, antidepressants, and antiseizure medication; health care visits in the year before pregnancy and an inadequate number of antenatal visits; and the highest household education and disposable income.

ANY ACETAMINOPHEN IN PREGNANCY

	Full adjustment ^a			Full sibling comparison ^b		
	Hazard ratio ^a	95% CI	P-value	Hazard ratio ^a	95% CI	P-value
Autism	1.05	1.02-1.08	<0.001	0.98	0.93-1.04	0.59
ADHD	1.07	1.05-1.10	<0.001	0.98	0.94-1.02	0.30
Intellectual disability	1.05	1.00-1.10	0.05	1.01	0.92-1.10	0.87

^aAdjusted for birth cohort; child sex; other analgesics (aspirin, other NSAIDs, opioids, antimigraine); birthing parent's diagnoses of migraine, chronic pain, infections, fevers, rheumatoid arthritis, and headaches; calendar period of delivery; parity; age at delivery (linear and cubic term); country of birth; residential region; cohabitation at delivery; early pregnancy body mass index; smoking status; diagnosis of autism, ADHD, and intellectual disability; history of psychiatric conditions and prescription use of psycholeptics, antidepressants, and antiseizure medication; health care visits in the year before pregnancy and an inadequate number of antenatal visits; and the highest household education and disposable income.

^bSame as above, but excluding birthing parent's birth country, psychiatric history, and diagnosis autism, ADHD, and intellectual disability.

DISPENSED DOSE (2005-)

	Minor adjustment ^a		
	Hazard ratio ^a	95% CI	P-value
Autism			
Low dose (<166 mg/day)	1.33	1.20-1.48	<0.001
Medium Dose (166-429 mg/day)	1.52	1.41-1.64	<0.001
High Dose (≥430 mg/day)	1.87	1.71-2.06	<0.001
ADHD			
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^aAdjusted for birth year and sex.

^bAll covariates with discordance patterns.

DISPENSED DOSE (2005-)

	Minor adjustment ^a		
	Hazard ratio ^a	95% CI	P-value
Autism			
Low dose (<166 mg/day)	1.33	1.20-1.48	<0.001
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Intellectual disability			
Low dose (<166 mg/day)	1.34	1.14-1.58	<0.001
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High Dose (≥430 mg/day)	1.92	1.65-2.22	<0.001

^aAdjusted for birth year and sex.

^bAll covariates with discordance patterns.

DISPENSED DOSE (2005-)

	Minor adjustment ^a			Full sibling comparison ^b		
	Hazard ratio ^a	95% CI	P-value	Hazard ratio ^a	95% CI	P-value
Autism						
Low dose (<166 mg/day)	1.33	1.20-1.48	<0.001	0.85	0.67-1.07	0.17
Medium Dose (166-429 mg/day)	1.52	1.41-1.64	<0.001	0.96	0.79-1.16	0.64
High Dose (≥430 mg/day)	1.87	1.71-2.06	<0.001	0.88	0.68-1.14	0.33
ADHD						
Low dose (<166 mg/day)	1.46	1.36-1.57	<0.001	1.01	0.84-1.21	0.94
Medium Dose (166-429 mg/day)	1.75	1.65-1.85	<0.001	1.02	0.88-1.18	0.81
High Dose (≥430 mg/day)	1.97	1.83-2.11	<0.001	0.98	0.79-1.21	0.83
Intellectual disability						
Low dose (<166 mg/day)	1.34	1.14-1.58	0.00	0.87	0.60-1.24	0.43
Medium Dose (166-429 mg/day)	1.47	1.30-1.66	<0.001	0.97	0.74-1.27	0.82
High Dose (≥430 mg/day)	1.92	1.65-2.22	<0.001	0.93	0.63-1.38	0.73

^aAdjusted for birth year and sex.

^bAll covariates with discordance patterns.

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Lawsuits claiming Tylenol causes autism lack scientific support, judge finds

By **Brendan Pierson**

December 19, 2023 10:02 PM GMT+1 · Updated 4 months ago



Aa



"THE HARVARD DEAN SAYS IT'S CAUSAL!"



Research | [Open access](#) | Published: 14 August 2025

Evaluation of the evidence on acetaminophen use and neurodevelopmental disorders using the Navigation Guide methodology

[Diddier Prada](#), [Beate Ritz](#), [Ann Z. Bauer](#) & [Andrea A. Baccarelli](#) 

[Environmental Health](#) **24**, Article number: 56 (2025) | [Cite this article](#)

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Lawsuits claiming Tylenol causes autism lack scientific support, judge finds

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WELL...

Harvard Dean Was Paid \$150,000 as an Expert Witness in Tylenol Lawsuits

The Trump administration has cited Dr. Andrea Baccarelli's expertise to warn against using acetaminophen — the active ingredient in Tylenol — in pregnancy, based on an unproven autism link.

Dear Ms. Wolfe:

On September 22, 2025, HHS “initiate[d] a safety label change” about “chronic acetaminophen use in pregnant women.” Ex. A, Health & Hum. Servs. Announcement on Autism; Ex. B, Health & Hum. Servs. Autism Announcement Fact Sheet. Simultaneously, HHS issued a Dear Doctor Letter stating that “the use of acetaminophen by pregnant women may be associated with an increased risk of ... autism and ADHD in children.” Ex. C, Letter from Martin Makary, Comm’r of Food and Drugs; *see PLIVA, Inc. v. Mensing*, 564 U.S. 604, 615 (2011) (holding that “Dear Doctor letters qualify as ‘labeling’” under federal law).

The *reason* officials took this action matters more than the action itself. The FDA Commissioner, the Secretary of HHS, and indeed the President of the United States cited the analysis of Dr. Andrea Baccarelli, “the dean of the Harvard School of Public Health,” and Appellants’ expert here. Ex. D, Transcript of Health & Hum. Servs. Announcement on Autism. The FDA Commissioner directly quoted Dr. Baccarelli’s opinion that “there is a causal relationship between prenatal acetaminophen use and neurodevelopmental disorders of ADHD and autism spectrum disorder.” *Id.* This is the *title* of Dr. Baccarelli’s expert report. A-1742, Expert Report of Dr. Andrea Baccarelli. Dr. Baccarelli then confirmed his discussions with these public-health figures, thanking them for taking the action recommended by his analysis. Ex. E, Statement by Dr. Andrea Baccarelli.

Expert opinion that is sound enough to persuade every Senate-confirmed federal scientist easily clears Rule 702(d)’s bar. Reasonable scientists can continue to debate Dr. Baccarelli’s conclusions. But affirming a decision characterizing his approach as “junk science,” *Amorgianos v. Nat’l R.R. Passenger Corp.*, 303 F.3d 256, 267 (2d Cir. 2002), would pose grave separation of powers concerns. The executive branch safeguards public health from dangerous pharmaceutical interventions. A decision holding that a jury may not hear the *same* expert evidence that the executive branch *credited* will badly damage the public trust required for the executive to take care that the public-health laws are faithfully executed.

RFK Jr. Admits He Can't Actually Tie Tylenol to Autism

Robert F. Kennedy Jr. said there isn't "sufficient" evidence to back up his claims.



CONCLUSIONS

Paracetamol use in pregnancy is not associated with autism once confounders are appropriately accounted for.

- Our findings have since been independently replicated in Japan, where the prevalence of paracetamol use is substantially higher (approximately 40%).

> [Paediatr Perinat Epidemiol.](#) 2025 Sep 2. doi: 10.1111/ppe.70071. Online ahead of print.

Maternal Acetaminophen Use and Offspring's Neurodevelopmental Outcome: A Nationwide Birth Cohort Study

[Yusuke Okubo](#)¹, [Itaru Hayakawa](#)², [Ryo Sugitate](#)³, [Hiroki Nariai](#)⁴

Affiliations + expand

PMID: 40898607 DOI: [10.1111/ppe.70071](#)

CONCLUSIONS

Paracetamol use in pregnancy is not associated with autism once confounders are appropriately accounted for.

- Our findings have since been independently replicated in Japan, where the prevalence of paracetamol use is substantially higher (approximately 40%).

This ‘debacle’ underscores the need for more robust approaches and greater coordinated efforts in the pregnancy drug-safety field.

- Emerging methods in computation, omics, and causal inference hold substantial promise for advancing this area of research.

THANK YOU FOR LISTENING

Team effort:

Hugo Sjöqvist

Christina Dalman

Håkan Karlsson

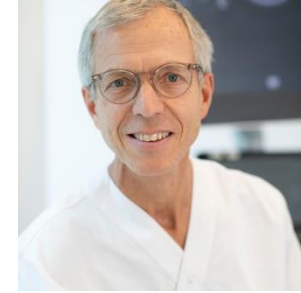
Olof Stephansson

Stefan Johansson

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